

Day 1-Theme: Perseverance

Opening Prayer: *Lord Jesus, help me to keep moving forward in my faith. Give me the strength I need to persevere in my walk with you even when it is difficult. Amen!*

-Say 1 Our Father

Scripture: **"I can do all things through Christ who strengthens me." Philippians 4:13**

Reflection: Have you ever seen a football player catch the ball and run as hard as he could into the end zone for a touchdown? How about a runner, running as fast as she could to win a race? These are good examples of how we should live our lives. We should persevere and complete the race of our faith so that we can win the prize of eternal life.

Saint of the day: **-St. Francis Xavier...**

you were an amazing and competitive athlete. You won several medals for your perseverance in sports. After giving your life to Jesus, you became God's athlete and persevered in living out your faith to the fullest and sharing it with others. Pray for me, St. Francis, that I may have the perseverance to complete the 'race' towards eternal life.

Challenge of the day: **Find a Bible and read Hebrews chapter 10, verse 36**

Closing Prayer: *Lord, without you I can do nothing. My heart keeps beating because of you. I am alive only because you have called me to live. Help me to persevere in my faith and help me with the things that I don't understand.*

Say 3 Hail Mary's.

Amen!

