

## Day 13- Theme: Love

Opening Prayer: *-Jesus, please help me to know what love really is. You have commanded us to love you with our whole heart, mind, strength and soul and to love the people you put in our lives. Teach me oh Lord, what true love is. Jesus I need You. Amen!*

*-Say 1 Our Father*

Scripture: **"Dear friends, let us continue to love one another, for love comes from God. Anyone who loves is a child of God and knows God." 1 John 4:7**

Reflection: We are children of God! Just like a mom or a dad teaches their kids the important things in life, God teaches us, his children the importance of love. What is Love? Love is being **patient** when you want to give up. Love is choosing to be **kind** when people upset us. Love is **not being rude** or **wanting what other people have**. Love is not **easily angered** and **doesn't keep a record** of the wrong things people have done. Love **does not delight in evil** but **rejoices with the truth**. It always **protects, always trusts, always hopes, always perseveres**. (1 Corinthians 13)

Saint of the day: **-St. John of the Cross...**

*you said that at the end of our lives, we will be judged by how much we've loved. Pray for me that I may love my friends, parents, siblings, teachers, coaches, teammates and even my enemies with your love. St. John, pray for me, because this is so hard to do at times.*

Challenge of the day: **Before bed tonight, read today's reflection 5 times and let it penetrate your heart!**

Closing Prayer: *Come Lord Jesus and grace me with the strength to love and to understand what love truly is.*

*Say 3 Hail Mary's.*

*Amen!*

