

Day 20- Theme: Fear

Opening Prayer: *-Lord **JESUS**, I open my heart to You. I give you all my thoughts and think of you now and how you rose from the dead and ascended into heaven Help me to rise above any fears that I may have. Amen!*

-Say 1 Our Father

Scripture: **“The Lord is my light and my salvation—so why should I be afraid? The Lord is my fortress, protecting me from danger, so why should I tremble?”**
Psalms 27:1

Reflection: What are you afraid of? (think about this for a moment) Now a Fortress was a wall made of wood or stone that was built around a city, village or castle to protect it from the enemy. Jesus is our fortress who is always around us, protecting us from the enemy. Give to Jesus all of your fears, for He is your fortress, your protector.

Saint of the day: **-St. Patrick...**

you were captured as a young man to become a slave. You were very scared of what might happen to you, yet you trusted in God. You eventually became a Bishop and converted all of Ireland from their evil ways, and showed them the love of Christ . St. Patrick, please pray for me that I may allow God to be my protection and my fortress. Pray that I may have the courage you had to trust in Jesus when I am afraid. Amen!

Challenge of the day: ***Take the risk when you are afraid!***

Closing Prayer: *Jesus, I need You! Take away my fears. Fill me with courage, strength and honor, for you are always around me! Amen!*

Say 3 Hail Mary's.

Amen!

